

3 + 1 Decomposition of spacetime

References

- GR, Wold, Ch 12. Section 2 (hard picture)
- 3+1 formalism, Eric Gourgoulhon, 0703035 (very detailed)
- Intro to 3+1 NR, Alcubierre

Hypersurfaces of prosetine

4-dim. spacetime manifold M : Embedding of $\hat{\Sigma}$ in M
 3-dim spacetime manifold $\hat{\Sigma}$: $\Phi : \hat{\Sigma} \rightarrow M, \dots, \Phi, \Phi^{-1}$
 $\Sigma = \Phi(\hat{\Sigma})$ is called hypersurface

Level set $\Sigma = \{x^0 \in M \mid F(x^0) = 0\}$

$\rightarrow \partial_0 F$ is normal to $\Sigma \Leftrightarrow (\partial_0 F) v^a = 0$ for v^a tangent to Σ

- $\partial_\alpha F$ timelike, call Σ spacelike

$\partial_a F$ η -cell like, " " tunnel like

$2_0 F$ null, " " null

-> restrict to $\leq$ procelike

Choose coordinates: $x^\alpha = (t, x^i)$
L, 3-index with x^i coordinates $\in \hat{\Sigma}$

$$\rightarrow \Sigma = \{x^a \in M \mid t = 0\}$$
$$\Phi : \hat{\Sigma} \rightarrow \mathcal{M}$$

$$x^i \rightarrow (0, x^i)$$

→ unit normal to Σ : $m_a = \frac{-\nabla_a t}{\sqrt{-\nabla_b t \nabla^b t}}$, $m_a m^a = -1$

$$m^e = (1, \vec{0}) \text{ in flat space (future pointing)}$$
$$\rightarrow \Phi: \hat{\Sigma} \rightarrow M$$
$$v^i \rightarrow (0, v^i) \quad \text{push-forward mapping}$$
$$\bar{\Phi}^{\text{B}} : \mathcal{M} \rightarrow \hat{\Sigma}$$
$$(u_+, u_i) \rightarrow u_i \quad \text{pull-back}$$

inner product preserved by mapping

$$M \xrightarrow{\quad} \hat{\Sigma}$$

$$(0, v^i)(u_i, u_i) = v^i u_i$$

For g_{ab} metric in M , induced metric γ_{ij} on Σ

$$\gamma_{ij} = g_{ij} \text{ in adapted coord.}$$

From now on $\Sigma \cong \hat{\Sigma}$

$$\rightarrow v^a = \underbrace{-v^b n_b n^a}_{\text{orthogonal}} + \underbrace{(v^a + v^b n_b n^a)}_{\text{tangent}}$$

$$= \gamma^a_b v^b \quad \text{where } \gamma^a_b = \delta^a_b + n_b n^a \quad (*)$$

$$\hookrightarrow n_a (\gamma^a_b v^b) = n_a v^a + \underbrace{n_a n^a}_{-1} v^b n_b$$

$$= 0 \quad \therefore$$

$$M \rightarrow \Sigma$$

$$v^a \rightarrow \gamma^i_b v^b$$

$$\Rightarrow \gamma_{ab} = \gamma^i_a \gamma^j_b \gamma_{ij} \stackrel{(*)}{=} (\delta^i_a + n_a n^i)(\delta^j_b + n_b n^j) \gamma_{ij} \quad \text{use } \gamma_{ij} = g_{ij}$$

$$= g_{ab} + n_a n_b \quad (**)$$

$n_a n^a = -1$

$$\text{If } u^e n_e = v^a n_a = 0 \Rightarrow \gamma_{ab} u^a u^b = g_{ab} u^a u^b$$

$$\text{But if } u^e = n^e, \Rightarrow \gamma_{ab} u^a v^b = 0$$

Intrinsic Curvature

$$\text{same } (g_{ab}, M) \rightarrow (\gamma_{ij}, \Sigma)$$

$$D_i \gamma_{jk} = 0 \quad (\text{also assume torsion free})$$

$$^{(3)} \Gamma^i_{jk}$$

$$(D_i D_j - D_j D_i) v^k = ^{(3)} R^k_{eij} v^e$$

$$^{(3)} R_{ij} = ^{(3)} R^k_{ikj}$$

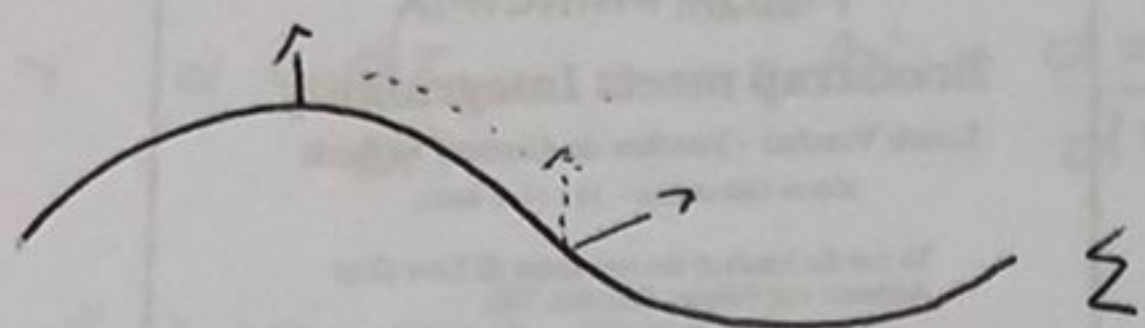
$$^{(3)} R = \gamma^{ij} R_{ij}$$

$$D_e T^{b,b_2}_{c,c_2} = \gamma^{b_1}_{d_1} \gamma^{b_2}_{d_2} \gamma^{e_1}_{c_1} \gamma^{e_2}_{c_2} \gamma^f_e \nabla_f T^{d,d_2}_{e,e_2}$$

$$D_e \gamma_{bc} = \gamma^d_b \gamma^e_c \gamma^f_a \nabla_f (\gamma_{de} + m_d m_e)$$

(**) O (metric comp)

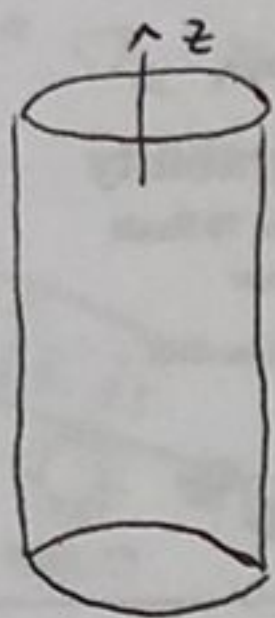
Extrinsic Curvature



.. symmetric

$$K_{ij} = -\nabla_i n_j (= \nabla_j n_i)$$

example: cylinder as hypersurface on $\mathbb{R}^3$



$$\Sigma = \{ (x, y, z) \in \mathbb{R}^3 \mid e^2 = x^2 + y^2 = 1 \}$$

$$L, t = e - 1 = 0$$

$$n_e = \left(\frac{x}{e}, \frac{y}{e}, 0 \right)$$

$$\nabla_b n_e = \begin{pmatrix} \frac{y^2}{e^3} & -\frac{xy}{e^3} & 0 \\ -\frac{xy}{e^3} & \frac{x^2}{e^3} & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$= \frac{\partial n_a}{\partial x^b} \text{ (Christoffels vanish)}$$

$$J^e_i = \frac{dx^e}{dx^i} \quad i = \{\phi, z\} \quad \rightarrow \tan \phi = \frac{y}{x}$$

$e = \{x, y, z\}$

$$\gamma_{ij} = \begin{pmatrix} R^2 & 1 \\ 1 & 1 \end{pmatrix}$$

$$L, \text{ induced curv} = 0$$

$$\Rightarrow K_{ij} = -\nabla_b n_e J^e_i J^b_j$$

$$\Rightarrow K_{\phi\phi} = -\frac{(x^2 + y^2)^2}{e^3} \Big|_{e^2=1} = -1$$

Foliation

$$M = \{ \Sigma_t \}_{t \in \mathbb{R}} \quad \Sigma_t = \{ x^e \in M, \hat{t}(e) = t \} \text{ slice on leaf}$$

$$L, \hat{t} \text{ monR}$$

$$\nabla_c \hat{t} \neq 0$$

$\Rightarrow M$ is globally hyperbolic

$$m_0 = -\alpha \nabla_a t, \quad m_a m^a = -1$$

$$= -(\alpha, \vec{0}) \quad , \quad \alpha = \frac{dz}{dt}$$

"proper"

$$g^{ab} m_a m_b = -1 \Rightarrow \alpha = \sqrt{-\frac{1}{g^{tt}}}$$

$$m^a = \frac{1}{\alpha} (1, -\beta^i) \quad , \quad \beta^i = \alpha^2 g^{ti}$$

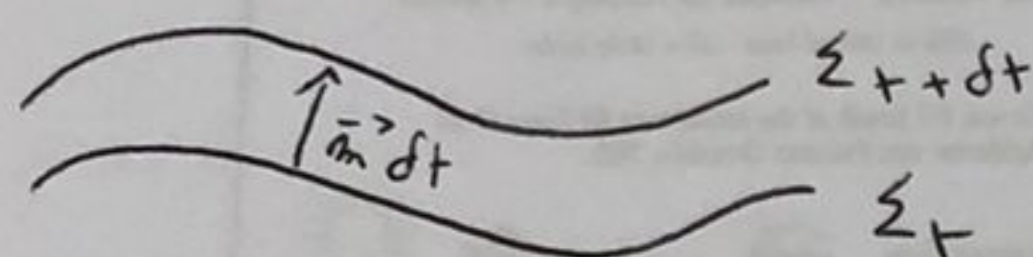
"shift"

$$\rightarrow \alpha = \frac{dz}{dt}, \quad -\beta^i = \frac{dx^i}{dt}$$

Evolution operator

$$m_a = \alpha n_a$$

$$m^a \nabla_a t = 1$$



$$t(e + \delta t \vec{m}) = t(e) + \delta t$$

$$\mathcal{L}_m \gamma_{ab} = m^c \nabla_c \gamma_{ab} + \gamma_{cb} \nabla_a m^c + \gamma_{ac} \nabla_b m^c$$

$$\uparrow \nabla_c \gamma_{ab} = \nabla_c (m_a m_b)$$

$$= -2K_{ab}$$

$$\mathcal{L}_m \gamma_{ab} = -2\alpha K_{ab}$$

$$(3) R_{abc}{}^d u_d = (D_a D_b - D_b D_a) u_c$$

$$D_a D_b u_c = \gamma_a^d \gamma_b^e \gamma_c^f \nabla_d (\gamma_e^h \gamma_f^g \nabla_g u_h)$$

⋮

$$(3) R^c{}_{deb} = \gamma_e^a \gamma_b^f \gamma_c^g \gamma_d^h R^i{}_{gef} - K^c{}_e K_{db} + K^c{}_b K_{ed}$$

$$(3) R_{db} + K K_{db} - K^e{}_b K_{ed} = \gamma_b^f \gamma_c^e \gamma_d^g R^i{}_{gef} (\diamond)$$

$$(3) R + K^2 - K_{ab} K^{ab} = R + 2R_{ab} m^a m^b (\square)$$

$$R^c_{deb} n^d = (\nabla_e \nabla_b - \nabla_b \nabla_e) n^c$$

$$\gamma^c_d n^e \gamma^g_a \gamma^g_b R^d_{eg} = D_b K^c_a - D_a K^c_b$$

$$n^e \gamma^g_b R_{eg} = D_b K - D_a K^a_b \quad \text{☺}$$

$$\gamma^4 R, \quad \gamma^3 n R, \quad \gamma^2 n^2 R, \quad n^3 R = 0 \quad \text{Gauss-Codazzi relations}$$

$$\gamma_{ac} n^d \gamma^e_b R^c_{ged} n^g = \gamma_{ac} n^d \gamma^e_b (\nabla_e \nabla_d n^c - \nabla_d \nabla_e n^c)$$

$$[\nabla_b n_e = -K_{eb} - D_e \ln \alpha n_b]$$

$$= -K_{eg} K^g_b + \frac{1}{\alpha} D_b D_e \alpha + \gamma^c_a \gamma^e_b n^g \nabla_g K_{ce}$$

$$\gamma_{ac} n^e \gamma^e_b R^c_{ged} n^g = \frac{1}{\alpha} \mathcal{L}_n K_{ab} + \frac{1}{\alpha} D_e D_b \alpha + K_{ag} K^g_b \quad (\Delta)$$

$$R_{ab} - \frac{1}{2} R g_{ab} = 8\pi T_{ab}$$

$$\rightarrow E = T_{ab} n^a n^b \quad \text{energy density}$$

$$p^e = -\gamma^e_c n^b T_{eb} \quad \text{momentum density}$$

$$S_{ab} = \gamma^c_a \gamma^d_b T_{cd} \quad \text{matter stress tensor}$$

$$\rightarrow T = g^{ab} T_{ab} = S - E$$

$$\text{e.g. Fluid: } T_{ab} = (e + p) u_a u_b + p g_{ab}$$

$$\rightarrow E = (e + p) W^2 - p$$

$$p^e = (E + p) U^e$$

$$S_{ab} = (E + p) U_a U_b + p g_{ab}$$

$$\text{where } W = -n_e U^e \quad \text{Lorentz factor}$$

$$U^e = \frac{1}{W} \gamma^e_b u^b \quad \text{Eulerian velocity}$$

Einstein equations

$$\rightarrow R_{ab} n^a n^b + \frac{1}{2} R = 8\pi E$$

(□)

$$^{(3)}R + K^2 - K_{ab} K^{ab} = 16\pi E$$

Hamiltonian constraint

$$\rightarrow R_{ab} \gamma^a_c n^b - \frac{1}{2} R n_a \gamma^a_c = -8\pi \mathcal{E}_c$$

(⊙)

$$D_a K^a_b - D_b K = 8\pi \mathcal{P}_b$$

Momentum constraint

$$\rightarrow \text{trace-reversed EE: } R_{ab} = 8\pi (T_{ab} - \frac{1}{2} T g_{ab})$$

$$\gamma^a_c \gamma^b_d R_{ab} = 8\pi [S_{cd} - \frac{1}{2} (S - E) \gamma_{cd}]$$

(Δ, Δ)

$$-\frac{1}{2} \mathcal{L}_n K_{cd} - \frac{1}{\alpha} D_c D_d \alpha + ^{(3)}R_{cd} + K K_{cd} - 2 K_{ce} K^e_d = 8\pi [\dots]$$

$$\rightarrow \mathcal{L}_n \gamma_{ab} = -2\alpha K_{ab}$$

$$E^{ab} = G^{ab} - 8\pi T^{ab}$$

$$\text{constraints: } E^{ab} n_b = 0, \quad E^{tb} = 0$$

$$\rightarrow \nabla_e E^{ab} = \nabla_e G^{ab} - 8\pi \nabla_e T^{ab} = 0$$

" Bianchi " conservation

$$\nabla_t E^{ab} = \text{terms involving } E^{ab}, \partial_i E^{ab}$$

Maxwell equations

$$\nabla \cdot \vec{E}' = \rho, \quad \nabla \cdot \vec{B}' = 0 \quad \text{constraints}$$

$$\partial_t \vec{E}' = \nabla \times \vec{B}' - \vec{J}, \quad \partial_t \vec{B}' = -\nabla \times \vec{E}' \quad \text{evolution eqns}$$

$$\rightarrow \partial_t (\nabla \cdot \vec{B}) = 0$$

$$\partial_t (\nabla \cdot \vec{E}) = -\nabla \cdot \vec{J}$$

but charge conservation $\partial_t \rho + \nabla \cdot \vec{J} = 0$

$$\rightarrow \partial_t (\nabla \cdot \vec{E} - \rho) = 0$$